

Life Saving Rules



Understand and search for potential **asphyxiation hazards**, in enclosed spaces as well as near to equipment containing gases or cryogenic liquids... take care and warn others.



Be aware of fire hazards whenever dealing with oxygen... never deviate from the procedures and be sure to maintain **cleanliness for oxygen service**.



Understand the effects of substances **hazardous to health**, on themselves and others... use prescribed safeguards, including PPE, properly.



Recognise and respect the hazards of **confined or enclosed spaces**... and be properly prepared for a rescue.



Use the **work permit** process to identify hazards, to anticipate and prevent possible accidents... and if anyone does not feel safe, they should ask questions.



Make sure that equipment is **isolated from energy sources** and de-energised before working on it... prevent reenergising by proper locking and tagging.



Only **work on electrical systems** if qualified... and confirm that proper precautions are in place.



Never override safety equipment! Respect the original intent and importance of safeguarding devices, and the time required to work safely... make any suggestions for improvement formally.



Recognize the risks of making changes... and follow all the steps of the **Management of Change (MOC)** process exactly.



Understand that the consequences of a **fall from height** can be life changing... and make sure that all specified precautions and equipment are properly used.



Ensure that any **lifting task** is thoroughly planned, assessed, controlled and executed... and stop the operation if any problem or unexpected situation arises.



Know the correct **Personal Protective Equipment (PPE)** to use for each task or work area... and use it properly.



Be alert, rested and focused on the traffic conditions whenever **driving**... and if not, stop for a break.



Take **responsibility** for their own actions, condition and decisions.....whenever they feel unsafe they should speak up.

See EIGA Doc 924 *Life Saving Rules* for more details

Work safely

Read or ask for safety rules

A safety campaign from

